

Copenhagen Aikido Club

Aikido Seminar

Lewis Bernaldo de Quiros
6th Dan

Copenhagen Aikido Club is happy again to be able to invite you to a training camp with Lewis. Lewis is a very well-known and highly respected teacher of Saito Sensei's Aikido.

This camp will be a combination of tai-jutsu and buki-waza, where Lewis will be teaching basic as well as advanced techniques.

We can assure you that beginners as well as the most advanced Aikido-ka will learn from and enjoy the camp!

Venue : Strandvejsskolen, Sionsgade 1
: 2100 Østerbro, Copenhagen
Fee : DKK 450 (lunches included)
Saturday : 5th October 2013, 10:00-16:00
Sunday : 6th October 2013, 10:00-16:00
Check-in : 5th October 2013, 9:30

Registration : <http://tinyurl.com/lewiscamp2013>

Further Info : Lars@aikido-copenhagen.dk

Remember to **bring bokken and jo**, please!

Kind regards and looking forward to seeing you

Copenhagen Aikido Club

